

Workout Complete!

Today's Totals

Distance	1.45 kilometers
Calories	77
Duration	17:05
Avg Pace	11:47
Avg Heart Rate	149

Workout Complete!

Today's Totals

Distance	1.43 kilometers
Calories	76
Duration	16:54
Avg Pace	11:48
Avg Heart Rate	156

FAVORITES

FINISH

Workout Complete!

Today's Totals

Distance	1.45 kilometers
Calories	77
Duration	17:05
Avg Pace	11:47
Avg Heart Rate	154

FAVORITES

FINISH

Workout Complete!

Today's Totals

Distance	1.45 kilometers
Calories	77
Duration	17:05
Avg Pace	11:47
Avg Heart Rate	155

FAVORITES

FINISH

Workout Complete!

Today's Totals

Distance	1.43 kilometers
Calories	76
Duration	16:53
Avg Pace	11:47
Avg Heart Rate	152

FAVORITES

FINISH

Workout Complete!

Today's Totals

Distance	1.45 kilometers
Calories	77
Duration	17:08
Avg Pace	11:47
Avg Heart Rate	152

FAVORITES

FINISH

Workout Complete!

Today's Totals

Distance	1.50 kilometers
Calories	80
Duration	17:39
Avg Pace	11:47
Avg Heart Rate	152

FAVORITES

FINISH